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Guide To Arrive, Survive And Thrive In Rio De Janeiro



Synopsis

“Brazil is not Europe or the USA and can seem like a foreign planet to the visitor, so be prepared! This unique book has important information not detailed in other Guides to Rio and Brazil. It is written by a Professor of Biomedicine working on tropical diseases living and working in Rio for the last 25 years. It tells you how to remain safe and healthy, avoiding disease, and at the same time enjoy a fantastic holiday. His expertise on Rio has been acknowledged by interviews given and requested by Sky News, BBC, Talk Radio Europe, and Dr Oz and TNT travel guides. The Guide is relevant for the millions attending the New Year, Rock in Rio, the legendary Carnival and vacations. It also includes:- Travelling to Rio and transport from the airport, local travel, the Metro and safety on local buses. Using cash, money exchanges and local banks with all ATM machines located off-street in locked premises after 10pm. Outstanding local food and restaurants as well as details of farmers markets. Insider information on the cheapest and safest ways to visit the Sugar Loaf, Jesus Christ Statue (Corcovado) and other extraordinary landmarks. Numbers of buses are given and location for buying tickets as well as outstanding trips to see Rio from the sea and bus at minimal cost. Local free, clean, 24hr emergency hospitals, security and getting help. Avoiding losing deposits made on accommodation due to unscrupulous rental agencies/landlords. Finally, recent unsolicited emails include: “Dear Norman, We have returned home safely in the Netherlands and have recovered from the exhausting but amazing trip to Rio de Janeiro. I want to thank you very much for your tips on health and safety (and food) in Rio de Janeiro. I actually ended up having to use the emergency hospital, due to an allergic reaction to a mosquito bite. I was serviced within 20 minutes and it was all resolved rather quickly. So thank you very much!” Flint van der Vlist.

Book Information

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Customer Reviews

Casually written just to make a buck. No info you can't get for free elsewhere

Very happy with this book. Give good advice when visiting Brazil

Helpful about Rio and the Olympics in a real way

Don't waste your money on this book. Multiple pages are printed twice, very general information, out of date contents.

This is a hugely helpful guide, written with refreshingly honest insight by an author (a British expat) who has lived and worked in Rio for many years. He clearly knows the city & surroundings really well, but he also understands HOW the place ticks and how the locals think. This is reflected in his advice: not sugar-coated, but if heeded, it is going to save you lots of time and money (and possibly frustration) and help you navigate yourself safely and enjoyably around this amazing place. I visited Rio a few years ago and am looking forward to returning - I will certainly be using this guide as it is the best I have read (and I've read quite a few!) for advice on what to expect, staying safe and healthy, interacting with the people and city services, while not getting ripped off.

Rio is a beautiful and amazing city but also can be very intimidating and overwhelming so it is a must for the first time tourist to Rio to know some of the in's and out's of how this city works. Norman is an expert in this area with his years of experience working and living in Rio de Janeiro. There are rules to the road and if you don't know them, a simple night out on the town or business transaction can cost you more than a fair price. There is also cultural difference one must know when dealing with Brazilians so you can fit in like a local. I would highly recommend you to read this book before coming to the 2016 Games. You can rest at ease knowing you won't be arriving as a total Gringo with Norman's advice and suggestions to guide you.

A must for going to Rio remaining safe and healthy and maximising enjoyment . Everybody knows

about the Sugar Loaf, the Jesus Christ statue and Copacabana beach but few guides provide sound insider advice on everyday living and avoiding mishaps that are a common part of Rio life. This book has been featured in Wanderlust Travel Magazine, Dr. Oz, Talk Radio Europe and National Newspapers due to the concerns about safety in Brazil for the Olympics.

Looking at some of the reviews on a book I purchased "Guide to Rio Olympics 2016" I quite dismayed at some of the negative comments about the guide, I would like to express my disgust with them on my behalf from a group of friends in Rio as they are so unfair! we have used the guide and have found Professor Radcliffe's "Guide Rio to Olympics 2016" to be extremely helpful and very informative in getting around Rio and the event!!

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